

Are you experiencing:

- Stress
- Anxiety
- Depression
- Drugs / Alcohol
- Domestic Violence
- Health
- Family
- Accommodation
- Relationships
- Budget / Finance

If you answered YES, ask your Employment Consultant about our free services



Support



Counselling



Referral

Our Psychologists & Life Skills Coordinators can provide:

- Assistance & advocacy with Centrelink assessments & ESATs
- Referrals to community support services & emergency relief
- Confidential counselling & therapy
- Support & strategies to manage mental health & drug & alcohol issues
- Help with managing life issues impacting on your ability to find employment
- Support after a recent job loss