

## Healthfind is a free & confidential service for you

Contact Healthfind or your consultant to learn how we can help with:







## Support

Centrelink
Advocacy & Mentoring
Social Isolation
Assertiveness Training
Life Direction
Confidence Building
Personal Development

## Counselling

Mental Health & Stress
Rehabilitation
Addiction
Grief/Loss & Motivation
Relationships/Family
Financial/Budgeting
Career/Occupational

## Referral

Physical Health
Assessments
Community Services
Emergency Relief
Housing
Legal Assistance
Domestic Violence



